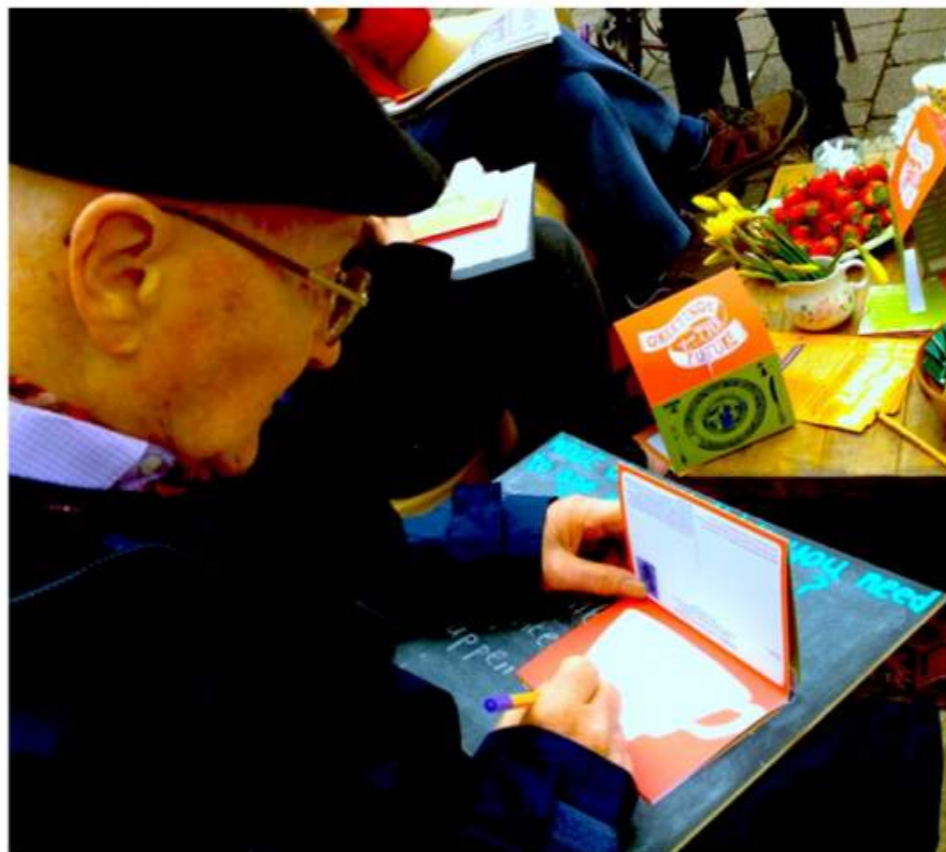


Cross Sector working

Scoping an Arts and Culture referral
programme for Torbay

Background



Ageing Well Objective

Ensure more older people have high personal, learning and service aspirations for later life, facilitated by better information, advice and more integrated services



Scoping Workshops



Work in Progress

Torbay Arts and Culture on referral

- 12 week mental Health and wellbeing group for over 50's is tested in each town
- 12 week mental Health and wellbeing for Young people 11-15 is tested in each town
- Respiratory COPD conditions for over 50's is tested in each town
- Integrated into Local Multi Agency Teams
- Test and Learn to inform future programme design of Ageing Well and development of care models for ICO

The programme

- The mental health 12 week programmes would involve both visual and performance based artists to ensure physical, hand based, voice activities
- Sessions may focus on learning a creative skill but emphasis is on expression, playfulness, group interaction. Sessions may explore aspects of a person's life to help focus on positive changes
- Each programme connects with outdoors in some way
- End of each session provides opportunities for agencies to visit and share information
- Group sessions could work alongside other systems e.g. Long Term conditions clinic
- One off workshops and trips bring people past and present together across 3 towns
- Respiratory programme is singing led



CHANGED
PRIORITIES
AHEAD