

# **Culture: Living Well**

## **Torbay Culture Forum**

**17 March 2015**

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Decorative wavy lines in light blue and yellow at the bottom of the slide.

# Welcome

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# The NHS in England

**The 2012 Health and Social Care Act introduced the most wide-ranging reforms since the NHS was founded in 1948**

The animation at the following link demonstrates the changes and new structure

<http://www.kingsfund.org.uk/projects/nhs-65/alternative-guide-new-nhs-england>

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# Clinical Commissioning Groups (CCGs)

- CCGs commission most hospital and community NHS services
- Commissioning involves deciding what services are needed, and ensuring that they are provided
- CCGs are overseen by NHS England, which retains responsibility for commissioning GP, dental, and some specialised hospital services
- All GP practices belong to a CCG
- CCG Governing Bodies include local GPs

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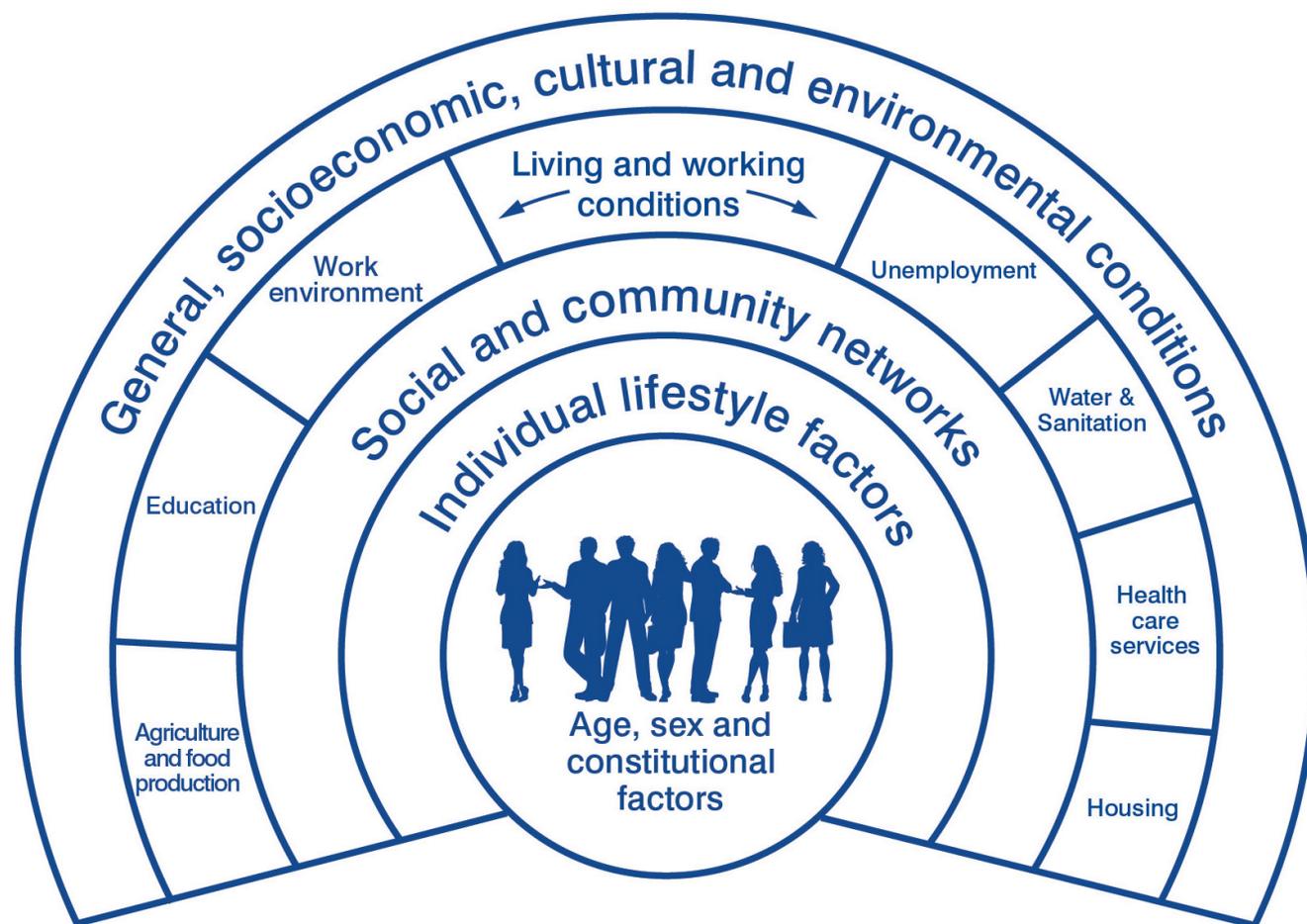
# South Devon & Torbay CCG

## Improving health and care

- Providing reactive support to patients
- Improving health outcomes
- Improving health and care services
- Promoting good health and wellbeing
- Ensure health equalities

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# It's not just about what happens in the NHS



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# A new ethos is now central stage

- Power to patients and citizens
- Professionals become the guide by the side
- Strengthening communities
- Working with those dis-engaged with health
- Consideration of the entire spectrum of social and economic factors that effect health

*“Its what matters TO me not  
what’s the matter with me”*

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**“Good health is not simply a measure  
of the absence of disease”**

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## Loneliness

- Approximately ten per cent of people over the age of 65 in the UK are lonely all or most of the time.
- Understanding the experience of loneliness in different populations influences the types of intervention employed to alleviate the problem.

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## How can we address the issues of loneliness and social isolation?

- Befriending
- Social activities / community groups
- Cultural events
- Voluntary sector support
- National campaigns (i.e. Combating Loneliness (Local Government Association))

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...so remember,  
**go places,**  
**meet people,**  
**do things**

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